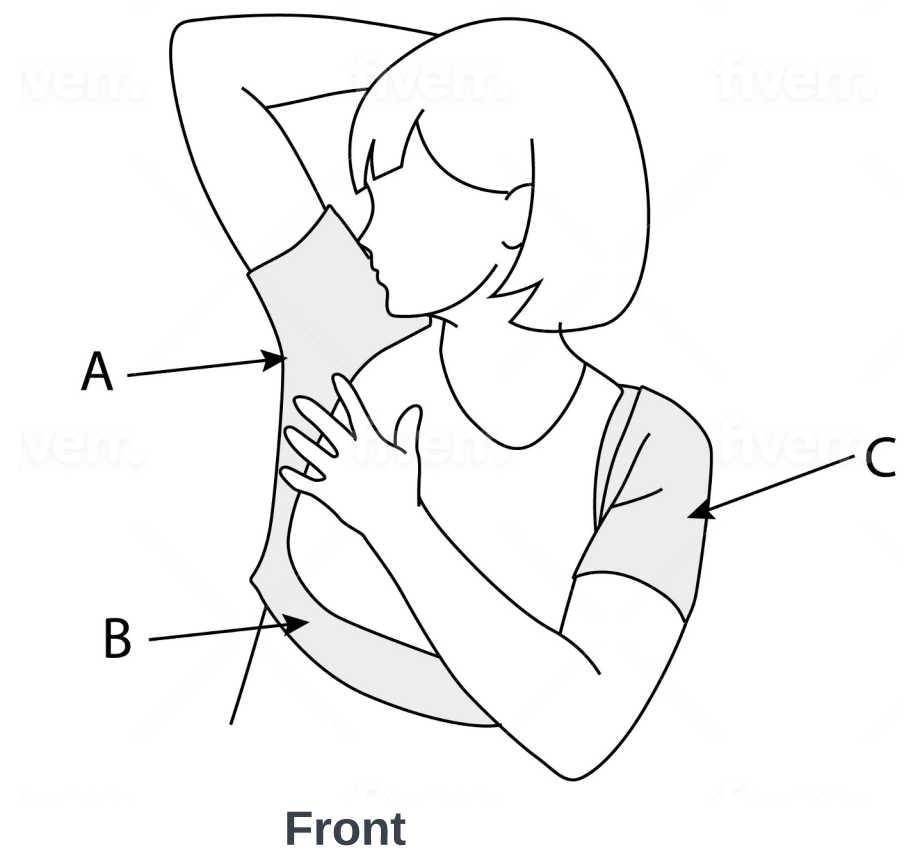
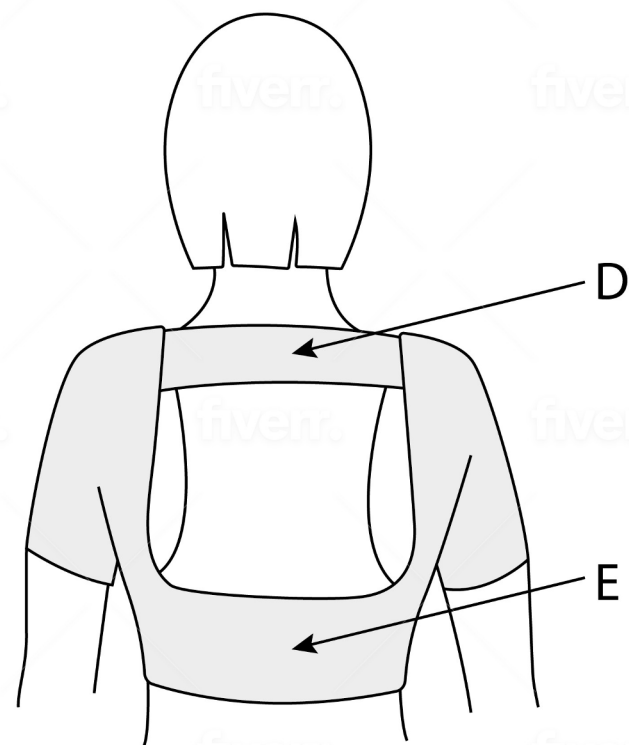


## INSTRUCTION MANUAL



Front



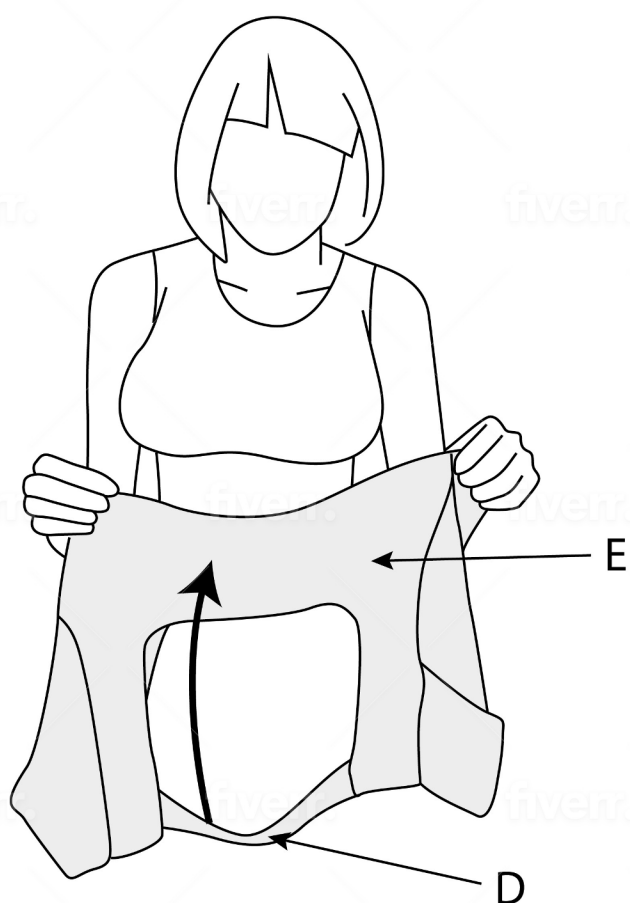
Back

### Garment Components

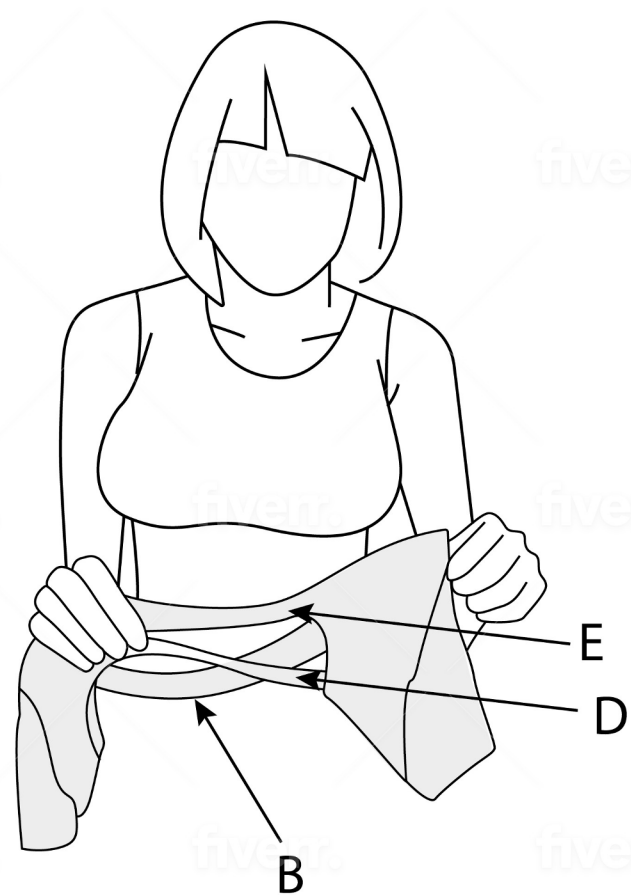
- A= Armpit Sweat Protector
- B= Lower Bust
- C= Sleeve
- D= Back Shoulder Support
- E= Back support

### Step by step how to wear instruction

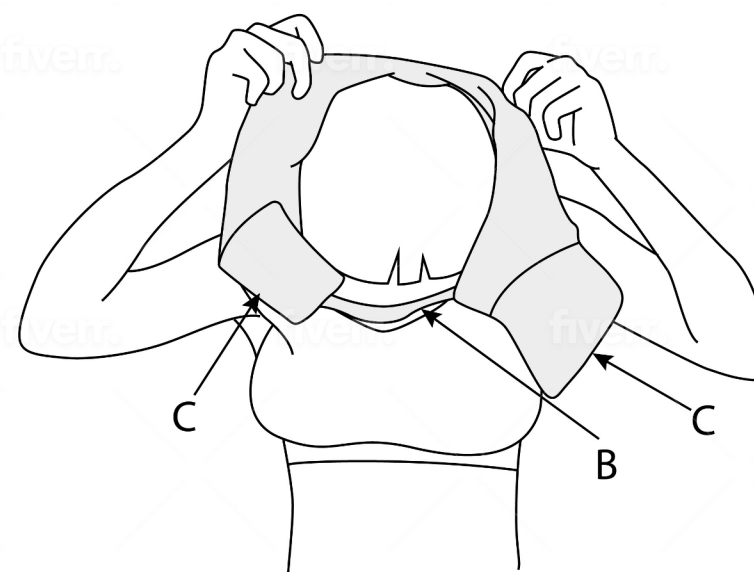
- 1** Hold the garment from the back upside down.



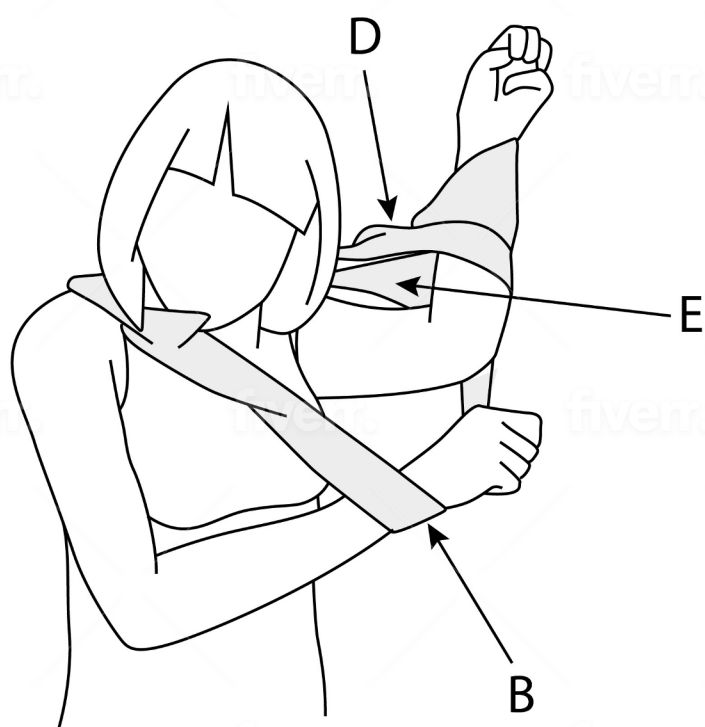
- 2** Hold 'E' and 'D' from the back of the garment together.



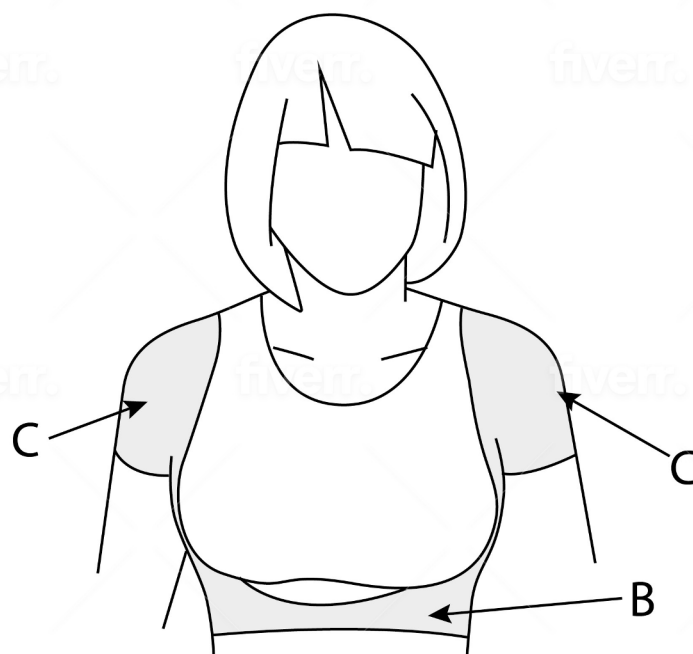
- 3** Wear it from the middle as you would a T-shirt.



- 4** Wear the Sleeve 'C' one at a time as you would a T-shirt



- 5** Straighten the vest to fit perfectly on your body



### Questions?

Email us at [Info@sweatlimit.com](mailto:Info@sweatlimit.com) or Call us at 1 (877) 694-3742

[www.sweatlimit.com](http://www.sweatlimit.com)

